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KCOU Topic: What We Wish We Knew

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>> It's 3 PM on Thursday. You're listening to Inside Out with DJ Excellence and DJ Discovery here for real talk on basic topics facing LGBTQ and allied folks of Mizzou.

>> Or you can listen on line live at KCOU FM or any time with our podcast.

>> This week's topic is What I Wish I Knew, where we brought in a bunch of Mizzou seniors to talk about what they wish they knew early on in their college careers. We have guests today. Our first guest is Greer.

Greer: I'm Greer, a senior from home-wide, Illinois, I am President of the Legion of Black Collegiates and a staff member at the LGBTQ resource center and a diversity peer educator and an RSVP educator, and I am a communications sociology and philosophy major.

>> Next up, we have Alan.

Alan: My name is Alan. I am a senior biochemistry student from Palmyra, Missouri. I'm currently President of the Alumni Association of the Student Board, and also a campus tour guide.

>> Next up, we have Jeff.

Jeff: My name is Jeff Perkins. I am from Kansas City, Missouri, senior on campus. I am a English major, sociology minor. I'm a cochair for United Ambassador Minority Student Recruitment Team, activities chair for Legion of Black Collegiates, secretary for Queer People of Color, go GPOC. I can't think of anything else.

>> We also might have Brandon joining us later in the program. So stay tuned. We have lots of great things and great knowledge to talk to you about.

>> You're listening to KCOU Columbia. This is Inside Out. We're going to take a break. Stay with us.

>> I don't believe it. My savings are gone.

>> Okay, think. Where did you have them last? I was home, I spent them on that vacation and this tiny suit of armor. Now they're gone.

>> Weird? Not really. Not saving money now means no money later. For free ideas on ways to save go to feedthepig.org.

>> I broke his little gauntlet.

>> This message brought to you by the American Institute of Certified Public Accountants, Missouri Society of CPAs, and the Ad Council.

>> This is Lorena Hollander, from the Brazilian Diafanos, and you're listening to KCOU, Columbia.

>> This is the news. Nine, eight, seven, six, five, four, three, two.

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>> ¶ I been keeping myself free. ¶ There's no salvation for me now. ¶ No space among the clouds. ¶ And I see getting dark. ¶ That's all right. ¶ That's all right. ¶ That's all right. ¶ That's all right.

¶ And I've been taking spaces. ¶ I've been setting myself up for a fall. ¶ And I've been keeping secrets from my heart and from my soul. ¶ Going from bed to bed, lover to lover, black to red. ¶ But I believe, I believe, there's salvation for me now, a space among the clouds. ¶ And I feel I'm heading down. ¶ That's all right. ¶ That's all right.

¶ Rock and roll, bed to bed, and lover to lover, black to red. Rock and roll, bed to bed, lover to lover.

¶ A space among the clouds, and I feel I'm heading down. ¶ that's all

right. ¶ That's all right. ¶ That's all right. ¶ That's all right. ¶ That's all right. ¶ That's all right.

¶ Rock to roll, bed to bed, and lover to lover, and black to red. ¶ Rock and roll, bed to bed, lover to lover to lover to lover to lover to lover to lover to lover to lover to lover to lover. ¶ Yes, I'm... ¶

>> ¶¶

Good night daylight. ¶ I won't remember you for long. ¶ Sleep tight, until December's come and gone. ¶ It's only late... with any reason that you find.

¶ Somewhere in summer is the warmth that didn't see it coming. ¶ It's all the leaves you leave behind. ¶ And everything starts to rewind. ¶ It doesn't mean anything you won't remember what you seen. ¶ It could take you a lot of time, a lot of time.

¶ You've got love starts July. ¶ It's love, she'll be all right. ¶ Tell me you feel better when you're sleeping through the day, and I'll tell you how you missed it when you wake.

¶ It doesn't mean anything, what you've done or where you've been. ¶ There's a chance of a lifetime. ¶ You've got love thoughts tonight. ¶ It's love, she'll be all right. ¶ Tell me you feel better when you're sleeping through the day. ¶ And I will tell you how you missed it when you wake.

>> This is Inside Out on KCOU Columbia. You just heard Two Door Cinema Club, Wake Up; and before that Florence and The Machine, Lover To Lover. We're getting ready to bring you into our next show, and here it is.

>> All right. Well, what do you wish you knew?

>> I wish I would have known earlier about the counseling center on campus. It's a really great resource. I just started going last year, but it's great to have like a non-biased third party that you can just talk to, get all like the little roommate conflict issues you're having a partner off of your chest. It really, relieves a lot of stress.

>> I would have wish I'd known that Greer lived down the hall from me

on second floor Gillette, first semester. I'm kidding. We didn't meet until this year. But I wish I would have known not to take all of the baggage and everything from my hometown to Mizzou with me, and assume that a lot of people are similar to those that I met where I'm from. There's so many awesome people on our campus that come from different backgrounds, different belief systems, and maybe totally different than you expected. I think it's best to open up and take everyone for who they are and not necessarily assume that you might know things about certain people, or assume that certain people believe different things along those lines.

So just love everyone for who they are and try to discover everything you can while you're here on campus because there's a lot of great people, if you just give them a chance and take time to meet with them.

>> I have to agree with Alan. I wish I knew not to bring all that stuff my freshman year. I'm a bit of a packrat. My mom always tells me every time, when it's time for me to go home, I'm never packed. But I guess the most important thing I wish that I had known -- or knew, excuse me, English major verb agreement, all that other stuff -- but I think that I wish I would have known about like all the different leadership opportunities that Mizzou has to offer, you know, I'm a senior now and so I'm kind of finding out more things that I wish I would have known maybe two or three years ago that I could have been involved with. But, you know, it's great to always find them out. It's never too late to get involved. Like whenever I tell students when they're interested in Mizzou, I tell them to get involved and stay involved because that keeps your interest in school.

>> Also, there is free STD testing. Don't go to the health center, where you have to pay like \$100. There's free testing biweekly. Come to the women's center, come to the LGBTQ center and get yourself tested. Stay safe.

>> You're listening to Inside Out on KCOU 88.1 FM, Columbia. This is DJ Discovery, and we're talking with some seniors about what we wish we knew as undergrads. To go over some of those resources, counseling center is located at 119 Parker Hall, on the corner of the quad where Peace Park is. You make an appointment by calling 882-6601. If you want to get involved, like Jeff was talking about, there's so many different ways to get involved on campus. Talk to your CA, PA, LA, RA, hall coordinator or ABCDEFG, talk to any spot that you're involved on campus,

talk to each other, talk to classmates.

If you see someone who's involved ask them how they got there. You can also come to the student center and either go upstairs or downstairs, in the student center, and there are offices within Department of Student life who will help you. We have Involvement Ambassadors who will meet with you one on one on what you might be interested in, you can go directly into different offices.

Again that testing is sponsored by Shape, which will teach you about sexual health education, if you're interested in learning or you're unsure and you don't know. The women's center is sponsoring a program called Body Talk, that's there to give you basic info. What don't you know? Write it down on a slip of paper and a panel of experts will answer it. Testing is free and biweekly. If you need testing outside of those times, you can talk to the women's center or LGBTQ resource center, and they'll help you to find the community resources where you can get tested for free, if you aren't able to pay at the student health center.

>> This is Inside Out. You're about to hear Intergalactic by Beastie Boys. We will be back with more Inside Out.

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¶ Don't you tell me to stop. ¶ You stick around and make -- on what you get down. ¶ I said it always --

>> ¶¶

¶ Now it hurts to stay at home.

>> You just heard MGMT/Delirium. Welcome back to Inside Out.

>> What's up? This is DJ Excellence. We're back, and we're talking about what you wish you knew your freshman year and beyond that. I kind of want to talk about res life, and that freshman year, or however long you lived in the residential areas. I don't have a lot of perspective on this because, my first year, I lived in the dorms, and it actually doesn't even exist anymore. They tore it down because I think it had asbestos. So I want your guys' view on like when to move off campus, should you have stayed on, and, you know, all that kind of good stuff. I'm going to

let our guests get on the mics and talk to us about res life.

>> So I lived in Gillette freshman year, prerenovation. So you freshman have no idea how gorgeous that residence hall used to look like. Like I said, Greer and I had the pleasure of living on the second floor together, when it had green carpets, stained with I don't know what.

>> There was a mouse. Do you remember the mouse?

>> I do remember the mouse. So you don't know how good you have it, first of all. But if you are in one of those unrenovated halls, I had the most amazing time on second floor Gillette. I met some friends that I still have my senior year. So I know the whole RHOR process was probably stressful for every single one of you. But if it didn't turn out exactly like you wanted it to, try to keep a positive attitude. Like I said, I'm a campus tour guide and I always tell prospective students that it has nothing to do with where you end up living, but it's all about the community that you build on your floor, in your residence hall, in your area. So even if you're not so satisfied with where you're at right now, just try to make the best of it. And some of you I'm sure ended up exactly where you'd like to be. I had a really positive experience in the residence halls, or at least that was in my case.

>> As Alan said, I also lived in Gillette first semester freshman year. Unfortunately my roommate was a super senior at the time. So I didn't really get that roommate initial bond that you get like if you're both freshmen, getting new experiences. So I was pretty alone, I felt, at that time. But after one semester, we moved into other places. So I got to move into nice new renovated -- and I had a single room and I was pretty much in heaven. It was a big upgrade.

>> Yeah. Shout out to those single rooms though, I don't know. My experience freshman year was a little different. I was the last -- in my RHOR, my residential hall contract. So I was in a off-campus apartment called Campus Lives or known as Mizzou quads back then. It was nice, having my own room and bathroom. But all my friends were on campus. So I was kind of sad. I cried a lot. But I'm not ashamed to admit that. But it was great. I got to move off from Mizzou quads. I got to move to Discovery, I had a nice roommate, we really bonded, I got the sense of community here at Mizzou.

I just moved off campus my senior year. I was getting made fun of because I was a junior living on campus but I don't care. People were asking me for meal points and swipes, but now I'm asking people for swipes, but it's okay. I would say that really take advantage of living in the residential halls as much as you can before you have to make that jump off campus because then it's like --

>> Take advantage of the meals. Food costs so much money.

>> It does. I'm like help me, I'm poor.

>> And pattimelts at Rollins. Those are the best.

>> I decided to move off of campus my sophomore year, me and my best friend, Ashley Carpenter, and another girl, Jordan -- should I have named you?

>> That's okay.

>> We moved to University Place, which is right behind Memorial Union. So we got the benefits of living on campus. We could walk to class, wake up 20 minutes before, put on clothes, run to class, but we didn't have to pay those high prices that you pay living through res life. I had a meal plan my first semester. But then I realized things like food stamps, you should take advantage of if you qualify. So when I got those, I no longer could have a meal plan, which was fine. But I've lived off campus since that time, and now I live further. I lived in the reserve last year, now Grindstone Canyon. I have to make the bus commute now so it's a little more of a hassle. But since I'm an upper classman I feel like most upper classmen. If you don't, that's fine. But live off campus.

>> I would say some advice that I've learned, especially since living on and off campus when I was an undergrad here at Missou and I was an adult I guess, is talk with your roommates about how is food sharing going to go, are we going to share the milk or buy our own milk, what about cereal, and talk about shared living spaces, are our bedrooms totally private places, or are we hanging out in each other's bedrooms, and when friends come over do we talk to each other like I'm throwing a party on Friday, or do I come home and you're throwing a party on Friday. Make sure you communicate. As long as you know what everybody else is doing, it's easier and that sets up healthy relationships and healthy

boundaries, which helps you later on in life.

>> And just to tag onto that, I totally agree with you. It's like talking to your roommates. One of my roommates never did the dishes until like -- we lived together for like two years. And then somebody was like, just like had had it and was like, you need to do the dishes. She was like okay, I didn't know. Because nobody told her. So she just didn't know to do it. So just having those conversations, they can be like awkward, but it's like just have them, then it's over and people do the dishes besides you.

>> And also don't use no one telling you not to do the dishes. Step up and do your dishes.

For our next topic on what we wish we knew for Inside Out this week, we're going to talk about anything LGBTQ related that you would tell students who might identify on campus, like relationships, coming out, not coming out, how that might or might not work out. Any ideas or thoughts you have?

>> As a freshman I started working in the LGBTQ center my first semester and I've said this plenty of times, it really has changed my life. I've met so many people I wouldn't have had the opportunity to meet otherwise, and it's made me a completely different person. I know there's not always a safe place for everyone to come out. But the LGBTQ center is such a safe place, it's so supportive. So just come, spend time, meet people, even if you're not LGBTQ, identified allies is a great space, come out, take advantage of it. There's so much great programming, get on our website, and just come out and experience the center.

>> I just want to tack onto what Greer said. There are so many great resources on this campus. Like I mentioned before there are so many awesome people. You may not know them directly, but I promise they're out there. Don't be afraid to question your identity and figure out who you are because that's exactly what college is for. There's no pressure to come out, if you're not ready, or decide that you identify as gay or lesbian or transgender before you're not ready to. But take advantage of the resources on campus if you want to.

You don't have to go to the LGBTQ center if you're not ready to. They have a website. You don't have to show up in person. You can e-mail

Struby and get added to the list serve. If you're not ready, definitely don't, but know the resources are there and available to you if you want to use them.

>> I have to agree with Alan. Take some time for yourself. It's not a rush. You know, it's your life. You know, it's up to you to make it how you want it to be. But I will also say be kind to yourself too. You have to try to embrace who you are. It's really important, especially here at college. Mizzou does such a great job of having resources available to help you do that. You know, it's really hard. And, you know, I know, as a queer black male, it's even harder for me sometimes. But you have to be patient with yourself, and you have to be kind to yourself, and acknowledge yourself as the beautiful person that you are. So, yeah. Love yourself.

>> Yeah. And if you're having trouble loving yourself, use all the resources that we're talking about, and also use your friends, use each other, use your roommates, and use the counseling center. They can help with some of those identity questions, if you're feeling lost, confused or overwhelmed, come to the resource center and talk to the other staffers, or go to the counseling center for a little more of a confidential space to help figure some of that stuff out.

Some of the advice I have that I wish I could have given my past self when I was younger is I got into a serious relationship in college with someone who was not out and it was fine because I wasn't out yet, I just started coming out. Then we got together, and she wasn't ready to be out yet, which was fine because we were both in that place. As the years progressed, I was ready to come out and I was in a space where I didn't want to keep it a secret but she did. In order to be a good partner, I respected that, and respected that she wasn't ready to come out, didn't come out myself.

But I wish that I would have also respected my needs in the relationship, because I kind of just deferred to hers. And I think that had the relationship ended sooner than it did, even though that still would have been a lot of pain and like sadness to lose someone you love, it would have been a lot easier earlier on because I also ended up losing most of my support systems because I was lying about whether or not I was in a relationship and what was going on there. And just try and check in, like are you meeting your partner's needs but also are your needs being met.

As you're in these relationships, sometimes it's harder to be in a queer relationship because there's all these other struggles going on, or if you're in a biracial relationship, or these different things that you can be working on and working through in the society you live in. Make sure that you're checking with yourself and your partner and that there's honest and open communication. And again use your resources to figure out this doesn't feel as good as it used to, maybe we need to talk about it, or maybe you need to talk about it with somebody. Relationships are supposed to make us happy and give us support. Nothing is perfect, but make sure you're checking in and taking care of yourself. I wish I would have told my past self that.

>> We're speaking of past selves. I would say a lot to little DJ Excellence, but I think like mostly like just in retrospect, I think like coming out is not always the safest option, as some of our guests have mentioned. I was in a sorority until my junior year, like Cal Mega what? And I was like so scared to come out. And then I just like -- you know, it was just one of those things, the time was right and I was just ready for it and I came out. And I had such a positive experience. And like there are just so many presumptions about the Greek community and sororities and whatnot. I had an incredibly positive experience, and it was like now, Mimi's gay too. It was like one more addition to my identity, but it like didn't sum up who I was. So it was a good experience.

>> Next, on What We Wish We Knew, we're going to tell you what, what are you here for, college? Oh, yeah. So let's talk about that, education system, studying, classes, majors, what do you know, what do you wish you would have done better, what worked really well?

>> Perfect. I'll go first. So I'm guessing for like 98% of you out there, high school was a breeze and you studied the night before you had a test, if at all, maybe like five minutes before class started, and it -- I learned pretty quickly that that doesn't really carry over to college my first semester.

So my advice is especially this first semester that you're here at Mizzou, definitely take some time and set those study habits now. Because whatever you do now you're probably going to carry over to your senior year. At least that's what I've done. Sometimes working, sometimes not working. So give yourself a little bit extra time to realize the differences

between high school and college, and how much you need to study for some classes and maybe how much you don't need to study for other classes. My teachers wouldn't like that I said that but you'll figure out where to allocate your time and resources. At least for me there was a big difference between high school and college. And if you don't do so great on your first exam, don't sweat it, you will take plenty of other exams in college, and you'll have plenty of time to figure that out. But take time to set those study habits now so that you're successful throughout the rest of your college career.

>> I'm going to speak towards majors, exploration type. I came in planning to go to law school. I was like I'm going to be a 4.0 student, blah blah. And that completely changed. I changed my major I think four times since I've been at the University. Now when I graduate I'm like I'm just going to go to San Francisco, find myself, figure everything out, take some years off.

So just don't be afraid to like do what you really want to do. Like if you come in premed that's great. But if you decide I'm into psychology, I'd rather do that, go wherever your heart leads you. Don't think you owe it to anyone else to do something while you're here. But, yes, make sure you study. I don't really have any specific study tips, but studying is important and it will help you.

>> Oh, Lord, I don't have any study tips either because I'm still trying to figure them out myself. But I will say that goes back to the conversation about using resources here on campus. We always have study sessions here with whatever class you usually are taking. We have tutoring, and ARS provides free tutoring for students in the students success center, you know, you also can make a study group. That's always fun. I'm not the best studying with people. People tell me I'm a distraction but I don't believe it. I mean it's fine.

I will just say, you know, really just, you know, give it your best shot all the time. You know, really talk to your Professors because they like for students to speak with them especially about any concerns that you have, they are there for that. I know there was one moment where I was -- missed a point on a test and thought I got it right and I went to talk to my Professor and she gave me the extra credit anyway. When you make that extra effort, it doesn't matter if you're not academically strong or whatever else, if you don't think you're smart or whatever, if you make

the effort your teachers will see that, especially if you talk to them. That's the advice I would give. Studying, still trying to figure it out. Holler at me if you have some tips because I need it.

>> Come out to LGBTQ action team study sessions.

>> Yes.

>> And go to class. That's the best way to succeed in college. Go to class. Don't sleep in if you have an 8 AM. I know they're not fun to get up for. But go anyway.

>> Go to class and go to office hours. Professors are bored during their office hours.

>> Go to class. That's the best way to succeed in college. Go to class. Don't sleep in if you have an 8 AM. I know they're not fun to get up for, but go anyway.

>> Yeah. You've probably heard that tip a lot about go to class, study, and meet your Professors. But you hear it a lot because it's so important and so successful so you really should do it. And yeah, really use the students success center on Lowry mall, across from the library. It is a huge resource. They have the writing lab. They have tutors for all sorts of sections of classes. There's like a billion areas within the student success center, maybe billion is an exaggeration but they have lots of different areas to help you in different ways. Again use those campus resources and sit in the front of your classes. It's sometimes uncomfortable but it will help you.

>> Yes. Just to tag on to all these, I don't have any study tips either. But I do -- this could maybe count as a study tip. Read the books that you buy. This is like good for a couple of reasons. You just spent like hundreds or thousands of dollars on books, and you should -- yeah, you should read them. They're full of information, and then I'm just going to have to repeat, go to class. I didn't do that freshman year. And I mean my cumulative GPA, I don't even know what it's called. But anyway, like it was just so impacted by my freshman year. Like they were just courses, like those -- you know, courses everybody has to take, the gen eds or whatever. And if I would have gone, I would have gotten good grades but I didn't go to class. So go to class, read your books. Makes

sense.

>> And a really good study tip I do have is schedule your studying, just schedule it. Put it on your planner, in your planner, put it on your printout of MyZzou like class schedule, next to work hours because then you'll do it. If it's not scheduled, you'll be like I'm going to study tonight and then there's going to be 18 other things happening that night and you aren't going to do it. But if you put in the two or three hours scheduled, that means at the end of it you can do it so it's so much easier to study when you know I'm done at 9 PM and I can hang out with my roommates or I'm done at 8:00 and I can go to that event on campus. Just put it into your schedule, and it's easier to schedule the fun time too because it's in your schedule so you know this is how long it's going to take, I'm going to get it done. If you need to add extra time, add it but at least get it in your schedule at those times because once it's scheduled, you will follow it and it will give you freedom to do whatever you want outside of that schedule without feeling guilty to be like I should be studying because that's the common refrain around these parts.

>> Those Professors that you go in during their office hours, those end up being letters of references when you graduate to get your first job or get your leadership position on MU campus. Those count for so much more than just going in and talking with them about an assignment. I mean it can -- that relationship can really grow, and become something that you depend upon when you're looking for jobs postgraduation. I know nobody wants to think about that.

>> You need it. And it's really good for applying for grad schools and it's funny stories. I had to take a geology class, and that Professor during office hours talked to me about his son's driving test. And I was like I don't care about your son's parallel parking, but I got an A in that class and it was not easy. Go and listen, and tell your friends the funny stories from that crazy geology Professor you had.

>> Up next, for our final topic on What We Wish We Knew, we're going to talk about the inner webs. So it is 2012. We're got FaceBook, Twitter, Tumblr, YouTube. We have it all. It's on our phones, in our pockets all the time, and wow, can it be inappropriate. So I'm going to say use your privacy settings, that's good for safety and for smart. Set it on FaceBook, set them up so that you are protecting yourself somewhat. Don't put your address, class schedule, your phone number, your social, your fishing

license number, your library card. Be smart about what you put on the internet and know that -- I'm just a freshman in college, it doesn't even matter. Yeah, it's on there and it's on there forever. So seniors, you got anything to add?

>> Done, done, done.

>> Done, done, done.

>> What do you know about the innerwebs?

>> Well, I've kind of -- I don't really -- I don't care, how do I want to start this? The thing about it is, the internet is like Struby was saying it's on there forever. You have to be careful about what you put on there, especially when you're looking for jobs and internships. A lot of internships like to see that you have like a blog. That's the first thing they check is your FaceBook or your Twitter. Just be careful.

There's nothing wrong with fun or even if you're not serious about it, just be aware some things that people may read, they may take it out of context or whatever else. I've had people like different advisers that I'm involved with here on campus, they've said hey Jeff, I saw that you're posting something on FaceBook, I don't know if that's appropriate. I've had somebody ask me that you're trying to get a job on campus. So I rushed to my computer and I deleted it. I said whatever. Even though it's funny, you still have to be cautious of it. I don't know if anybody has anything to add. That's my experience with FaceBook, Twitter, and all that.

>> I do not have a FaceBook or Twitter, just because I don't want it ever to come down to like how dare you have that on there. But I do Tweet from the LBC account Mizzou at -- Mizzou LBC. So I guess that's just like what I do from that account would be my practice as a person, just keep everything somewhat professional, the pictures that we post to relate to LBC events, things like that. I have a Tumblr which is a little more raunchy but I don't give that out to most people.

You have it. You have to know me to have that Tumblr and it's not like directly connected to my name. As far as I know, no employers can find that Tumblr.

>> Don't be afraid to make a site or make a Twitter for something you believe in, if it doesn't necessarily align with your professional views. If you want to do whatever sort of thing you want to do, like go nuts, do -- one of our guests just said feminist revolution. Make an at feminist revolution or at body politics and talk about it. If that's not what you want your on-line presence to be for future employers, whatever it is, then don't do that.

Also, easy rules. Don't use hate language, don't like use negative slurs, don't talk about illegal activities, please don't put drugs on your FaceBook. Just don't do that. That's really a terrible, terrible idea. Don't be like I stole this thing, and put it on FaceBook. Law enforcement uses the internet to help them solve crimes. I won't get into law enforcement. But don't commit crimes.

>> Also please do not commit crimes. If you're listening to our show, we highly are against criminal.

>> And don't say when you're leaving on FaceBook because then people will break into your house and steal your stuff.

>> Yeah. Don't put, can't wait to go on vacation because then they'll see that you are not in your home. If you have your address up there -- don't forget it's not just your friends or your close friends, how many FaceBook friends do you have, a billion? They're not all your close friends or neither are the people that they're friends with that they can see. Be smart about that, and, yeah.

>> We've been talking a lot about postgraduation, or I guess if you're still in college and trying to get a job in internships and things, but I'm also going to talk about social media from the perspective of campus organizations, and leadership. Unfortunately, we have a lot of great organizations around campus. I like to think that all of us in here belong to a few of them. When you turn in your résumé and application, we get a good picture of who you are. But unfortunately part of getting to know you is a pretty snap decision of let's pull up this person's FaceBook and see a little more about them. You may be the coolest, most awesome person in the world. But like Struby said if you recently posted about doing something illegal, you probably won't look as enticing to those campus organizations. It will affect you now and later, and everywhere across the spectrum. So things to keep in mind when you're posting to

those awesome sites.

>> Don't be afraid to have your FaceBook, Twitter, Tumblr on-line presence work for you. Put the positive things about you up there. If you're hilarious, put that on your FaceBook, be hilarious and people will be like I can't wait to get them in our org, they're hilarious. You have that work for you. Talk about going to class -- maybe that's boring, but have it work for you, instead of against you. Just have a conscious thought and critical thinking over what am I putting on line, what am I putting on the internet, is grandma going to see it, is my next boss going to see it.

>> Just to tag along with that, reenforcing privacy settings. FaceBook has made that like all but impossible to not get an e-mail from whatever group you're in, where you have to follow like 15 steps, and jump through your computer to turn it off. But just like, you know, like just like everybody's saying, like be careful. If you're not going to be careful, fine, whatever, set your privacy settings because then not everybody can see it.

>> Yeah. While we're talking about the Twitter, that is how we want you to talk to us, what topics do you want to see. We're at @mulgbtqhashtaginsideout. So Tweet at us, direct message us. We'll answer your questions, give you more info about what we're talking about. And we'd love to hear suggestions for future show topics. We are excited to get going and talk about all the topics you want to talk about, bring on good guests. Again that's at @mulgbtqhashtaginsideout.

>> I think that about does about does it for Inside Out this week. If you want to listen to us again, it will be at [lgbtq.mo.edu.podcast](http://lgbtq.mo.edu/podcast). You can look it up, share it with your friends. We want to thank our guests. As we sign off we're going to ask for a happy Mizzou memory that they share with us and a giant thank you for sharing your knowledge with us.

>> Greer, signing off. My best Mizzou memory was probably an -- I know I've been talking about LBC all day, but it's a big thing. When I was elected LBC President, that was a big deal.

>> This is Jeff signing off. Thanks for having me on the show. This was really great. I have a lot of happy Mizzou memories. Like Greer, she's talking about LBC too. When I became activities chair, that was really exciting. But when I became cochair for United Ambassadors to recruit students for University, that was really exciting.

>> This is Alan again. Thank you, DJ Excellence and DJ Discovery. I almost gave you respect. Sorry. We have too many core values. I have a lot of awesome moments at Mizzou but one of my favorite top ones was discovering pattimelts at Rollins. Once again, go after those. Thank you so much for listening, and tun in again next week.

>> This is Lorena Hollander from the Brazilian Diafanés, and you're listening to KCOU, Columbia.

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